

BLS BASIC LIFE SUPPORT

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BASIC LIFE SUPPORT

COURSE OVERVIEW

The American Heart Association's BLS for Healthcare Providers Course is cutting-edge, not only in terms of its evidence-based content but in its use of a well-tested methodology that can dramatically improve both the learning and retention of lifesaving skills.

COURSE OBJECTIVES

- Recognize several life-threatening emergencies
- Give high-quality chest compressions
- Deliver appropriate ventilations
- Early use of an AED (Automated External Defibrillator).

ACCREDITATION

Successful completion of this course, and passing the practical evaluations well as Core Instructor course, participants receive an American Heart Association BLS card valid for two years.

RECOMMENDED FOR
Healthcare Professionals

DURATION
1 Day

Day 1

- Critical Concepts of high-quality CPR.
- The AHA Chain of survival.
- 1 rescuer CPR and AED for adults, children and infants.
- 2 rescuer CPR and AED for adults, children and infants.
- Differences among adult, child and infant rescue techniques.
- Bag-mask techniques for adults, children and infants.
- Rescue breathing for adults, children and infants.
- Relief of choking for adults, children and infants.
- Activating the emergency response system.
- Using an AED for victims above 1 year of age.