

ALSO ADVANCED LIFE SUPPORT in OBSTETRICS

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ADVANCED LIFE SUPPORT IN OBSTETRICS

COURSE OVERVIEW

Advanced life support in obstetrics (ALSO®) is an evidence - based multidisciplinary training course that prepares maternity healthcare providers to better manage obstetric emergencies. ALSO® course bridges the knowledge gaps and boosts skill sets using a team- based approach, hands-on training and mnemonics to reduce errors and save lives.

The ALSO® course combines hands-on simulation training with multidisciplinary team-based approaches to enable better management obstetric emergencies. Small group workstations, minimal lecture time, and low faculty -to-participants ratios benefit both learners and course sponsors that seek to provide high-quality educational experiences.

COURSE OBJECTIVES

Facilitated by ALSO® approved instructors, participants attending an ALSO® course learn approaches to:

- Manage emergency situations, including postpartum hemorrhage, shoulder dystocia, and pre-eclampsia.
- Labor and delivery room emergency care is the main focus of the program.
- Addresses preventive care and practice concerns, such as:
 - First-trimester complications
 - Helping parents cope with a birth crisis
 - Diagnostic ultrasound

ACCREDITATION

- CME Credit by American Academy of Family Physician (AAFP).
- Kuwait 12 CME/ CPP.

PRE-REQUISITES

An ALSO® Manual: pre-course reading is essential to be able to participate fully in the program.

VENUE

Life Sciences Academy Training Center, Kuwait

RECOMMENDED FOR
Obstetricians & Gynecologists

Duration
3 days

Day 1: Skills Stations & Lectures

- Safety in maternity safe
- Bleeding in late pregnancy
- Neonatal resuscitation
- Shoulder Dystocia
- Malpresentations, malpositions, multiple gestations
- Postpartum hemorrhage / Maternal resuscitation

8:00 AM - 5:00 PM

Day 2: Skills Stations & Lectures

- Premature labor
- Early Pregnancy complications
- Intrapartum Fetal Surveillance
- Assisted Vaginal Delivery
- OB Cases I
- OB Cases II

8:00 AM - 5:00 PM

Day 3: Exam