PERINEAL REPAIR WORKSHOP

11 KUWAIT CME/ CPED

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WORKSHOP OVERVIEW
The special workshop, organised by the Life Sciences Academy (LSA), will focus on episiotomy repair and hands-on skills for 2nd, 3rd and 4th perineal tears. This workshop aims to standardise the management technique of perineal repair to reduce litigations and improve patient care.

OBJECTIVES
The workshop enables a clear understanding of the importance of recognising obstetric anal sphincter injuries. Surgical options are combined with a holistic approach, and the consequences of missed diagnosis and poor repair techniques are demonstrated.

OUTLINES
• Types of perineal tears & the outcome of repairs from the available evidence.
• Risk management issues.
• Role of the perineal trauma clinic.
• Management of established faecal incontinence.
• Management of persistent tears and faecal incontinence.
• Anatomy of perineum, pelvic floor and anal canal.
• Methods of repair using perineal trainers.

PRE-REQUISITES
Pre-workshop reading is essential to be able to participate fully in the workshop.

DAY 1
2nd Degree, Episiotomy Repair & FGM Workshop
• Introduction
• Pre-Assessment Test
• Applied Anatomy
• History of Suture Materials
• Perineal repair techniques and materials
• Female Genital Mutilation
• Basic surgical skills- Video
• FGM
• Performing an Episiotomy
• Repair of Perineal trauma using the Keele and Staffs Model
• Repair of real life Perineal Trauma
• Hands-on workshop + Wet Lab
• Evaluations

DAY 2
3rd & 4th Degree Episiotomy Repair Workshop
• Pre-Assessment Test
• Applied Anatomy & Classifications
• Recognition & Management of 3rd & 4th Degree Tears
• Faecal Incontinence
• Anal Manometry & Endo-anal Scan
• Follow-up & Future Pregnancy Lecturer
• Risk Management
• Video- Model
• Video- Live case
• Video- Animal Model
• Hands-on Training Model

RECOMMENDED FOR
Obstetricians, Gynaecologists, Colorectal Surgeons, Midwives, General Practitioners Practising obstetrics

DURATION
2 days